Volume 14 Issue 6



www.spearfishseniorcenter.com Facebook: Spearfish Senior Center

#### SPEARFISH SENIOR CENTER

1306 N. 10th Street Spearfish, SD 57783

Stephanie Crago Executive Director (605) 642-2827 sscdirector@rushmore.com

Senior Center Hours Mon-Fri 8:30am-4pm

Medical Equipment
Availability
Mon-Fri
9am-Noon

Would you like the monthly newsletter e-mailed to you? If so, e-mail us at srcenternewsletter@gmail.com



# JUNE 2025 Spearfish Senior Genter Newsletter

#### Spearfish Senior Center Board Meeting Minutes MAY 12, 2025

**Present:** President Ginger Childers, Vice President Taffy Tucker, Secretary Jane Rutherford, Dennis Dahl, Marla Loken, Carol Vercoe, LeRoy Lanphear, Treasurer Alyce Harich and Executive Director Stephanie Crago. Doug Schmit and Carol Hess were absent. The meeting was opened by reciting the Pledge of Allegiance. The minutes of the last meeting were accepted as written.

Visitors: Members Donna Juran and Carole Dahl also attended the meeting.

**Treasurer's Report:** The Treasurer's Report was accepted as presented.

**Ways and Means**: Building rental income for April was \$1470. May income will be approximately \$195.

**Director's Report:** 5 new members joined in April. The May birthday luncheon was attended by 70 plus people and deposit was \$521. The Mother's Day Tea went very well with 80 people attending and the deposit was \$360. In March we completed the last Super Starz for the season. A total of \$9,123.00 was raised for the entire year. We received a donation of \$215. from the City of Spearfish for the use of our building on April 8<sup>th</sup> for elections. We continue to have many scheduled activities.

**Old Business:** A motion was made with an amendment by Taffy to the motion, to approve the estimate from Black Hills Asphalt pending clarification with Doug on details regarding asphalt repair and sealing cracks in the parking lot. Carol seconded. All in favor. The board approved new striping of the parking lot including the handicapped spots. Ginger reported that we are now at the planning/fund raising stage for a new building. Taffy made a motion to pursue a feasibility study. Marla seconded. All in favor.

**New Business:** Stephanie requested help from the board renewing our Placemat Sponsors.

Meeting adjourned.

Jane Rutherford, Secretary

BOARD MEETINGS ARE HELD THE 2<sup>ND</sup> MONDAY OF EVERY MONTH AT 9:30AM.
BOARD MEETINGS ARE OPEN TO ALL SENIOR CENTER MEMBERS.

#### Attention all Euchre players!

We've added Euchre to our list of games played!
We will play this fun game on Fridays starting at 9AM. We'd love to have you join us!



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# CARAMEL ROLLS & COFFEE

#### **Thursdays 8:30-10:30AM**

\*Limit of 4 rolls until 10:30am for take-out so we can make sure & have enough for everyone.

Open to the public! Invite your friends!

Invite your neighbors, family, & friends!



### MONTHLY FUNDRAISING BREAKFAST

Saturday, JUNE 28<sup>th</sup>
7:30am-10am

MENU: Pancakes, sausage patty, scrambled eggs OR Biscuits with sausage gravy, scrambled eggs served with coffee & orange juice. \$8 donation.

Our breakfasts are open to the public, please bring your friends, family, & neighbors to this great fundraiser!



Make plans to attend the Fundraising Birthday Luncheon!

JUNE 6<sup>th</sup> at 11:30AM

MENU: Johnsonville brats on a bun, baked beans, fruit, & dessert. \$8 donation for meal includes coffee!

- Guest Speaker: Raven Beld with Edgewood Senior Living.
- Roses by Zonta for all Senior Center members who are Birthday honorees!
- Special Music by Ivan Kloefkorn & Arne Koski.
- Members who celebrate a B-Day this month eat for FREE! Open to the public!

# What's in the Names? Friday, June 27<sup>th</sup> at 1PM. Program Presented by Nancy Davis.

Discover the rich history behind North Rochford Road's branch roads, Wood Place & Besant Park Road. Samue Bessant (correct spelling), a carpenter from Southampton, England, built a stagecoach stop on what is now Besant Park Road. His family's story is one of tragedy, survival, & eventual success, leaving audiences to ponder whether Bessant was a victim of circumstances or his own questionable choices. Nearby, Archibald Bell Wood & Gertrude Hazel Thue, of Scottish & Norwegian descent, homesteaded Wood Place near the Dumont Train stop. Archie & Gerty left a lasting



legacy. Free program, open the public! For questions about the program please contact Nancy nancy@davisms.net



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Thank you Jerri Kiefer and Lindsay Kline for the new TV in our Golden Age Hall! They also donated their time and expertise to install and set it all up! The new TV has a lot of technology capabilities – now for us to learn how to use it <a href="mailto:9!">9!!</a> Also thank you to Lindsay for always being on call when we need technology help. She's a life saver! THANK YOU!

#### ART PARTY WITH WENDY!

THURS JUNE 19<sup>™</sup> 12PM-3:30PM

JOIN IN THE CREATIVE FUN OF MAKING A SET OF MEMORABLE MULTIMEDIA GREETING CARDS OR 3 ENCHANTING WOODEN BOOKMARKS. ALL THE MATERIALS ARE PROVIDED FOR \$25.

PLEASE SIGN UP BY CALLING THE SENIOR CENTER AT 605-642-2827. YOU DO NOT NEED TO BE A MEMBER OF THE CENTER TO PARTAKE IN THIS CLASS!

We want to invite you all to our Exercise
Classes which are held on Mondays 8:30AM &
Thursdays 10:30AM. Our member Odessa
Eddie is a volunteer instructor for the classes.
She is Certified Group Fitness Instructor & a
Senior Fitness Specialist through the American
Council on Exercise. We are so fortunate to
have Odessa to lead these classes with her
knowledge to help our bodies. Regular
exercise is crucial for healthy aging, as it
enhances physical health, mental well-being,
and overall quality of life.



#### **Thank You**





I want to take a moment to thank Mary Livingston, the membership, & the Board of Directors who nominated me for this year's Black Hills Lifestyle Magazine Queen for a Day. The nomination came as such a surprise. I am honored to be chosen as I know there are so many deserving people in the surrounding communities to receive this title. I consider myself so fortunate to work with great people and to be able to have so much fun along the way. Thank you to everyone who has shared kind words not only in this moment, but to everyone who has supported me along the way. I love what I do, and I hope that it shows.

Thank you Everyone!

-Stephanie Crago

**Executive Director** 



To read the article grab the May Issue of Black Hills Lifestyle Magazine.



Tech Help with Lindsay Kline every Tuesday 9am-11am. Free for Senior Center members! For more info you can contact Lindsay directly at

support@klinetechconsulting.com

## **Senior Center Hours:**

# **MONDAY-FRIDAY**

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8:30AM-4:00PM CLOSED Sat & Sun



(Unless special event is scheduled)

**QUEEN HALL** 

			uniess special ev	ent is scheduled)		
Sun	Mon	Tue	Wed	Thu	Fri	Sat
8:30 CLOSE	Center Hours: Mon-Fri am-4:00pm ED Sat & Sun al event is scheduled)	please let Ste	ephanie know. We and from the Sen	rie Hills Transit bu have vouchers yo ior Center. We tha tion opportunity a	u can use to pay ank Pioneer Bank	for your bus & Trust for
	8:30AM Exercise Group  1pmQuilters/Crafters  6:30PM Square	3 9:30AM Walking Club 9:30-11AM Chorus 12:30-1:30pm Advanced Line Dancing 1:45-2:45pm Beginning Line Dancing	•	5 9-10am Intermediate Line Dancing 10:30AM Full body Exercise w/Odessa 12:30pm Dominoes	Birthday Luncheon 11:30AM Guest Speaker: Raven Beld with Edgewood Assisted Living 1:30PM Better Breathers Group	<b>7</b> QH Rental
3	9:30AM Board Meeting 2PM Sound Bath with Carol Morgan	10 9:30AM Walking Club 9:30-11AM Chorus 12:30-1:30pm Advanced Line Dancing 1:45-2:45pm Beginning Line Dancing		9-10am Intermediate Line Dancing 10:30AM Full body Exercise w/Odessa 12:30pm Dominoes	13 10AM Estate Planning Q & A with Attorney Mike Porter from Faith Mountain Legacy Services, Prof. LLC	<b>14</b> QH Rental
15	1pmQuilters/Crafters 6:30PM Square Dance Lessons	17 9:30AM Walking Club 9:30-11AM Chorus 12:30-1:30pm Advanced Line Dancing 1:45-2:45pm Beginning Line Dancing	10am Improver Line Dancing 11am-11:45am Challenge Routines	19 9-10am Intermediate Line Dancing 10:30AM Full body Exercise w/Odessa 12:30pm Dominoes 12PM-3:30PM Art Party with Wendy	SPA PEDICURE DAY! *Please sign up	<b>21</b> QH Rental
22	1pmQuilters/Crafters	Club 9:30-11AM Chorus 12:30-1:30pm	Line Dancing		1PM 'What's in the Names?'	Fundraising Breakfast
29	Dance Lessons  26 8:30AM Exercise	Advanced Line Dancing 1:45-2:45pm Beginning Line Dancing	11am-11:45am Challenge Routines 1pm Texas Holdem	10:30AM Full body Exercise w/Odessa 12:30pm Dominoes	Program by: Nancy Davis FREE & Open to the public!	7:30AM- 10AM

#### **WALKING CLUB**

The weather has put a damp damper on our walks in May. We had to cancel two walks. We substituted a walk for our scheduled hike as rain at higher elevations can produce some slippery slopes for hiking. Watch Facebook for the rescheduling of this hike in the future.

We had eight walkers mid- May. Our location at Jorgenson Park works well for adding distance and for shorter walks for those who are just starting out. So, plan to join us at 9:30 AM every Tuesday at Jorgenson Park. I will not be available May 27<sup>th</sup> or June 3<sup>rd</sup>, but this is a Club and we have members that can answer questions.

It may be necessary for me to move the walks up to 9 AM to accommodate my sign language instructor's summer school schedule. I will let folks know by email when I return June 5<sup>th</sup>.

Further updates per email - be sure you are registered with your email for the Walking Club. Sign-up sheet is at the front desk as you enter the senior center.



#### **Black Hills Better Breathers**

These meetings take place the first Friday of the month from 1:30-2:30pm in the Queen Hall.

This group is a community for individuals with lung conditions and their caregivers in the Black Hills, providing education, support, and opportunities to connect. We offer guest speakers, problem-solving sessions, and resources for maintaining a happy and healthy life while managing conditions like COPD, asthma, pulmonary hypertension, and pulmonary fibrosis, all in collaboration with the American Lung Association. <a href="https://www.phassociation.org">www.phassociation.org</a>. Contact Madison 605-644-6370 for more information on this group.



Happy Birthday to ALL our MAY members!



Congratulations to our GAME CHAMPIONS! Picture was taken during our Lucky at Games Awards & Potluck in April.

#### Below is a list of ALL our current year end champions for 2024:

WHIST Lucy Harvey 60

HAND & FOOT Tony Brunette 17,840

10 POINT PITCH Becky Loll 207

**BRIDGE** Lucy Harvey 5,920

**BUNCO** Maridel Sprenger 883

**TEXAS HOLDEM** Becky Loll

PINOCHLE WED. LeRoy Lanphear 9,310

PINOCHLE FRI. Rod Fuhrer 8,200

CRIBBAGE Jean Dirk 90

**DOMINOES** Pearl Swartz 129

MAHJONG WEDNESDAY 1PM Sheila Kenny 1,000

MAHJONG WEDNESDAY 5:30PM Mary Wilson 900

MAHJONG FRIDAY Sheila Kenny 710

**DUPLICATE BRIDGE THURSDAY** Bob Geroch & Mary Samson 78.47%

**DUPLICATE BRIDGE SATURDAY** Bill & Dianne Craig 79%

TOP HAND AWARD: Betty Weyrauch

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#### **Estate Planning Q & A**

with Attorney Mike Porter from Faith Mountain Legacy Services, Prof. LLC

#### Friday, June 13 10AM-11AM

Do you have questions about the need for a Will or the benefits of a Trust or, questions about Durable Powers of Attorney or Living Wills? Would you like to know more about the Probate process in South Dakota?

If you can answer yes to any of these questions or simply want to know more about Estate Planning in general, then please plan to attend.

Free & open to the public!

# Digits Nail Spa is coming again to our Senior Center! Friday, June 20th 9AM-4PM

Where beauty meets wellness! Owned by RN Marybeth Runnels, who specializes in nail care for seniors, diabetics, & problem nails.

Nail trim only - 10 min. \$15

-Quick & Ready Pedi - 20 min. Includes salt soak, nail trim, cuticle grooming, moisturizing lotion, and standard polish - \$25

-Sleek & Steady Pedi - 50 min. Includes salt soak, nail trim, cuticle grooming, callus treatment, exfoliating scrub, moisturizing lotion, and standard polish - \$40

She accepts cash, check, or credit card.
\*CALL STEPHANIE TO SIGN UP 605-642-2827

BEST HAT at our
Mother's Day Tea
Party! Thank you
to everyone who
attended and wore
their best hat!
Special thank you
to Jerri Kieffer, the
Chorus, &
everyone who
made this such fun
a special event.





We have a new lawn mower! BIG Thank you to Michael Kieffer as he takes the wheel over from the 'Lawn Ranger' Jim Brown. Thank you, Michael, for being willing to take over this hard work. And thank you Jim Brown for your many years of service to our Senior Center. As a gesture of sincere thanks for so many years of impeccable lawn maintenance the Senior Center has made Jim Brown a Lifetime Member. Thank you Jim!

## Welcome New Members:

Connie McGuiggan, Delaine B Anderson,
Mary Lervick, Nancy Davis, Larry Maynard,
Jan M. Tetrault-Line, Dorothy Ritz, Marlin
Besler, Leone Geppert, Melanie Ford, Connie
Tyler-Streff, & Marilyn Berdan.

Looking for a place to hold your meeting or event? Our building can be rented for a reasonable fee. Contact the office to reserve a date!

#### **Board of Directors**

Ginger Childers, President Taffy Tucker, Vice President Jane Rutherford, Secretary

#### **Board Members**

Doug Schmit Dennis Dahl Carol Vercoe Carol Hess Marla Loken LeRoy Lanphear

Alyce Harich, Treasurer Stephanie Crago, Executive Director



Have you been eager to see the new Peaceful Pines Senior Living in Spearfish? We have scheduled a day for all our Senior Center members to tour the facility on Wed. JUNE 11<sup>th</sup> at 12:00PM. We will be eating lunch after the tour in their dining room.

This is a great opportunity for our members to get a tour of the building, meet the staff, & visit the residents who many of us know! Let Stephanie know if you'd like to attend 605-642-2827. \*Must RSVP\* Transportation is on your own, and we will be meeting near front entrance.

#### President's Message:

#### AT THE BAR THE OTHER NIGHT

An elderly looking gentleman, (midnineties) very well dressed, hair well-groomed, great looking suit, flower in his lapel, smelling slightly of a good aftershave, presenting a well-looked-after image, walks into an upscale cocktail lounge.

Seated at the bar is an elderly looking lady.

The gentleman walks over, sits alongside her, orders a drink, takes a sip, turns to her, and says, "So tell me, do I come here often?"

Ginger Childers
Spearfish Senior Center President



Keep using your
Safeway cards! Last
month we made
\$195 just from
people using their
cards!! THANK

Safeway Community Giving Cards are FREE! Cards can be loaded with any amount up to \$500 & refill when needed. The card can be used to buy groceries AND gas. 5% of purchases made at ANY Safeway or Albertsons using the Commuity Giving Card is then returned to the Senior Center. This is a great fundraiser for our Center. The cards make great gifts!

## **Scoreboard APRIL 2025**

Whist	Lucy Harvey	58	
Hand & Foot	Henrie Oldenkamp	17,080	
10 Point Pitch	LeRoy Lanphear	191	
Bridge	Mary Ann Kortmeyer	5,210	
BUNCO	Joyce Collins	715	
Wed Pinochle	Betty Weyrauch	8,080	
Wed Mahjong	Toni Thorman	600	
Wed Mahjong PM	Mary Wilson/Toni Thorman	600	
Texas Holdem	Becky Loll	325	
Dominoes	Ping Ho	170	
Cribbage	Jerene Lanka	140	
Thur Dup Bridge	Donna McLaughlin & Sharon	Thorman 67.50	
Fri Pinochle	Kay Fuhrer	7,500	
Fri Mahjong	Geney Holley	150	
Sat Dup Bridge	Mary Samson & Bob Geroch	72.22	



# Member Spotlight

#### **Donna Juran**

<u>Family:</u> 2 sons Will & Chris, a brother, 3 grandchildren, and 2 great grandchildren.

Where did you grow up? On a farm near Wagner, SD.

<u>Past Work Highlights:</u> An account coordinator for large restaurants in the Denver area for Sysco Food Services.

Hobbies & Interests: Dance, miniatures, DIY projects.

How long have you been involved with the Senior Center? 10 years.

<u>Current involvement in the Senior Center:</u> Volunteering in the rummage department and rummage sales.

<u>Favorite Activity at the Center:</u> Helping go through and organize rummage sale items.

What do you love most about the Senor Center? Socializing with members.



**JUNE 2025** 

# SUMMER RUMMAGE SALE

JULY 17th-19<sup>th</sup> 2025 17<sup>th</sup> 8AM-3PM 18<sup>th</sup> 8AM-3PM 19<sup>th</sup> 8AM-NOON

Quilt Raffle, Caramel Rolls on Thursday, Pies & Coffee will also be available.

The Rummage Sales are one of our biggest fundraisers, and we are in need of volunteers!

Sign up sheet will be available starting July

1st in Golden Age Hall.



# Alchemy Crystal Bowl Sound Bath Monday, June 9th at 2PM

Hosted by: Carol Morgan certified Sound Practitioner. Carol's in-person practice has been experienced in Crete, Norway, England, Italy, Holland, Switzerland, Spain, Costa Rica, Bermuda, Sedona (AZ), Texas, California, South Carolina, North Dakota, and the Black Hills (SD).

Take advantage of this opportunity to experience what a Sound Bath is right here at our Senior Center! Find more info at: http://www.xinaallen.com/

"My sound baths are a meditative experience where I use alchemy crystal bowls in conjunction with chant to bathe you in specific frequencies. My intention comes together with yours to create mental refreshment and the necessary space to heal and replenish."

We are saddened to hear of the loss of connie Nicholas & Muriel Otterberg. Our deepest condolences are sent out to their family and Friends during this time of loss.



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**Spearfish Senior Service Center** 1306 N 10<sup>th</sup> St Spearfish, SD 57783-1530 605-642-2827

Address Service Requested



Next Fundraising Rummage Sale:

July 17-19<sup>th</sup> 2025

Nonprofit Org **US Postage Paid** Spearfish, SD Permit #10



Check out our Facebook page & give us a 'Like'. Search for us under 'Spearfish Senior Center'. Lots of pictures & updates posted!

