



www.spearfishseniorcenter.com
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SPEARFISH SENIOR CENTER

1306 N. 10th Street
Spearfish, SD 57783

Stephanie Crago (605) 642-2827
Executive Director sscdirector@rushmore.com

MAY 2025
Spearfish Senior Center Newsletter

**Spearfish Senior Center
Board Meeting Minutes
APRIL 14, 2025**

Present: President Ginger Childers, Vice President Taffy Tucker, Secretary Jane Rutherford, Dennis Dahl, Marla Loken, Carol Vercoe, Doug Schmit, LeRoy Lanphere, Treasurer Alyce Harich, and Executive Director Stephanie Crago. Carol Hess was absent. The meeting was opened by reciting the Pledge of Allegiance. The minutes of the last meeting were accepted as written.

Treasurer's Report: The Treasurer's Report was accepted as presented.

Visitors: Members Jim and Penny Brown, Barb Sulzbach, and Jim Haeder also attended the meeting.

Ways and Means: Building rental income for the month of March was \$395. April projected to be approximately \$280.

Director's Report: 10 new members signed up last month. Our April birthday luncheon had a very large attendance, and we had 15 birthday honorees. Income was \$638. The March rummage sale went very well. Over 130 people attended Souper Starz in March and over \$3,000 was raised for non-profit organizations in our community. We received a grant from Zonta for the purchase of roses for our birthday luncheons.

Old Business: No old business currently.

New Business: Black Hills Asphalt is being contacted for a quote on asphalt repair and sealing cracks in the parking lot. The parking lot will also receive new striping including all handicapped spots. The board discussed various ways of fundraising for our future new building.

Jane Rutherford, Secretary

Senior Center Hours
Mon-Fri
8:30am-4pm

**Medical Equipment
Availability**
Mon-Fri
9am-Noon

Would you like the monthly newsletter e-mailed to you? If so, e-mail us at srcenternewsletter@gmail.com

Reminder, we will be closed in observance of Memorial Day on 5/26/25

BOARD MEETINGS ARE HELD THE 2ND MONDAY OF EVERY MONTH AT 9:30AM. BOARD MEETINGS ARE OPEN TO ALL SENIOR CENTER MEMBERS.





CARAMEL ROLLS & COFFEE

Thursdays 8:30-10:30AM

*Limit of 4 rolls until 10:30am for take-out so we can make sure & have enough for everyone.

**Open to the public! Invite your friends!
Invite your neighbors, family, & friends!**



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Pancake Breakfast



MONTHLY FUNDRAISING BREAKFAST

Saturday, MAY 17th 7:30am-10am

MENU: Pancakes, sausage patty, scrambled eggs OR Biscuits with sausage gravy, scrambled eggs served with coffee & orange juice. \$8 donation.

Note: We are having our breakfast a week early this month due to the Memorial Day holiday.

Our breakfasts are open to the public, please bring your friends, family, & neighbors to this great fundraiser!



Make plans to attend the Fundraising Birthday Luncheon!

MAY 2nd at 11:30AM

MENU:, Mandarin cranberry chicken salad on a croissant, fruit, & dessert. \$8 donation for meal includes coffee!

- ❖ Guest Speaker: Barbara Cline, Prairie Hills Transit Executive Director.
- ❖ Roses by Zonta for all Senior Center members who are Birthday honorees!
- ❖ Special Music by Ivan Kloefkorn & Arne Koski.
- ❖ Members who celebrate a B-Day this month eat for **FREE!** Open to the public!

TWO Fundraising BINGOS in May!!

May 16th & May 30th both start at 1PM.

Free will donation for Bingo cards. Limit 1 card per person.

Join us for a fun afternoon of excitement & the thrill of the WIN at BINGO!
Sponsored by Nicole McCourt with Mutual of Omaha Reverse Mortgage & Interim Healthcare. **CASH PRIZES!!! \$\$\$\$\$\$\$\$**





| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|
| <p>Senior Center Hours: Mon-Fri 8:30am-4:00pm CLOSED Sat & Sun (Unless special event is scheduled)</p> | | | | <p>1 8:30am Snooker 8:30-10:30am Caramel Rolls 12:30pm Duplicate Bridge 1pm Cribbage</p> | <p>2 8:30am Snooker 1pm Pinochle 1pm Mahjong</p> | <p>3 12:30pm Duplicate Bridge</p> |
| 4 | <p>5 8:30am Snooker 1pm Whist</p> | <p>6 8:30am Snooker 9am Hand & Foot 9am-11am Tech Help with Lindsay 12:30pm Bridge 12pm 10 Point Pitch 1pm Chess Club</p> | <p>7 8:30am Snooker 9am BUNCO 1pm Pinochle 1pm Mahjong 5:30pm Mahjong</p> | <p>8 8:30am Snooker 8:30-10:30am Caramel Rolls 12:30pm Duplicate Bridge 1pm Cribbage</p> | <p>9 8:30am Snooker 1pm Pinochle 1pm Mahjong</p> | <p>10 12:30pm Duplicate Bridge</p> |
| 11 | <p>12 8:30am Snooker 1pm Quilters/Crafters 1pm Whist</p> | <p>13 8:30am Snooker 9am Hand & Foot 9am-11am Tech Help with Lindsay 12:30pm Bridge 12pm 10 Point Pitch 1pm Chess Club</p> | <p>14 8:30am Snooker 9am BUNCO 1pm Pinochle 1pm Mahjong 5:30pm Mahjong</p> | <p>15 8:30am Snooker 8:30-10:30am Caramel Rolls 12:30pm Duplicate Bridge 1pm Cribbage</p> | <p>16 8:30am Snooker 1pm Pinochle 1pm Mahjong</p> | <p>17 12:30pm Duplicate Bridge</p> |
| 18 | <p>19 8:30am Snooker 1pm Whist</p> | <p>20 8:30am Snooker 9am Hand & Foot 9am-11am Tech Help with Lindsay 12:30pm Bridge 12pm 10 Point Pitch 1pm Chess Club</p> | <p>21 8:30am Snooker 9am BUNCO 1pm Pinochle 1pm Mahjong 5:30pm Mahjong</p> | <p>22 8:30am Snooker 8:30-10:30am Caramel Rolls 12:30pm Duplicate Bridge 1pm Cribbage</p> | <p>23 8:30am Snooker 1pm Pinochle 1pm Mahjong</p> | <p>24 12:30pm Duplicate Bridge</p> |
| 25 | <p>26 CLOSED Memorial Day</p> | <p>27 8:30am Snooker 9am Hand & Foot 9am-11am Tech Help with Lindsay 12:30pm Bridge 12pm 10 Point Pitch 1pm Chess Club</p> | <p>28 8:30am Snooker 9am BUNCO 1pm Pinochle 1pm Mahjong 5:30pm Mahjong</p> | <p>29 8:30am Snooker 8:30-10:30am Caramel Rolls 12:30pm Duplicate Bridge 1pm Cribbage</p> | <p>30 8:30am Snooker 1pm Pinochle 1pm Mahjong</p> | <p>31 12:30pm Duplicate Bridge</p> |



Historical Society

Tuesday, May 6th at 7:00pm is the program, "BH Forgotten Towns and Mines," with Levi Kessler, sponsored by the Spearfish Area Historical Society. It is held at the Spearfish Senior Center. The public is invited, with membership available. The SAHS will then reconvene in September after a summer hiatus. Questions, please call 605-641-8563. Remember: History Matters!

ART PARTY WITH WENDY!

Thurs May 8th 12pm-3:30pm

Make fun easy personalized signs on reclaimed wood using paint, stencils, rubber stamping and clay molds. You can add key hooks or picture holders if you wish for added purpose.

Cost per project is \$25 (all materials included). Please sign up by calling the Senior Center at 605-642-2827. You do not need to be a member of the Center to partake in this class!



We received a Grant from **Zonta** again this year! This Grant makes it possible for us to buy roses each month for our Birthday honorees at our luncheons!

Zonta supports our wonderful community in so many ways & we appreciate their continued support to our Senior Center.

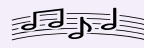
THANK YOU ZONTA!



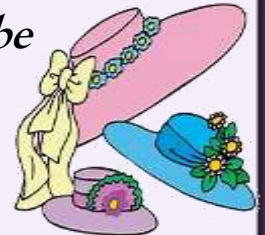
You are cordially invited,

Tea & refreshments in honor of all our mothers on Friday, May 9th 1pm.

Senior Center Chorus will be performing.



Party Hats encouraged!



Free will donation & open to the public. Invite your family, neighbors, & friends!

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|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

Tech Help with Lindsay Kline every Tuesday 9am-11am. Free for Senior Center members!
For more info you can contact Lindsay directly at support@klinetechconsulting.com



Senior Center Hours:

MONDAY-FRIDAY


8:30AM-4:00PM

CLOSED Sat & Sun



QUEEN HALL

(Unless special event is scheduled)

| Sun | Mon | Tue | Wed | Thu | Fri | Sat | |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|
| <p>Senior Center Hours: Mon-Fri 8:30am-4:00pm CLOSED Sat & Sun (Unless special event is scheduled)</p> | | | | | <p>1 9-10am Intermediate Line Dancing 10:30AM Full body Exercise w/Odesa 12:30pm Dominoes QH Private Rental</p> | <p>2 Birthday Luncheon 11:30AM Guest Speaker: Barb Cline with Prairie Hills Transit 1:30PM Better Breathers Group</p> | 3 |
| 4 | <p>5 8:30AM Exercise Group 1pm Quilters/Crafters 6:30PM Square Dance Lessons</p> | <p>6 9:30AM Walking Club @ City Park 9:30-11AM Chorus 12:30-1:30pm Advanced Line Dancing 1:45-2:45pm Beginning Line Dancing</p> | <p>7 10am Improver Line Dancing 11am-11:45am Challenge Routines 1pm Texas Holdem</p> | <p>8 9-10am Intermediate Line Dancing 10:30AM Full body Exercise w/Odesa 12PM-3:30PM Art Party with Wendy 12:30pm Dominoes</p> | <p>9 Mother's Day Tea 1PM  7 pm Square Dance</p> | 10 | |
| 11 | <p>12 8:30AM Exercise Group 9:30AM Board Meeting 2PM Sound Bath with Carol Morgan 6:30PM Square Dance Lessons</p> | <p>13 9:30AM Walking Club @ City Park 9:30-11AM Chorus 12:30-1:30pm Advanced Line Dancing 1:45-2:45pm Beginning Line Dancing</p> | <p>14 10am Improver Line Dancing 11am-11:45am Challenge Routines 1pm Texas Holdem</p> | <p>15 9-10am Intermediate Line Dancing 10:30AM Full body Exercise w/Odesa 12:30pm Dominoes</p> | <p>16 Floral Healing with Madison 9AM BINGO with Nicole McCourt 1PM</p> | <p>17 Fundraising Breakfast 7:30AM- 10AM</p> | |
| 18 | <p>19 8:30AM Exercise Group 1pm Quilters/Crafters 6:30PM Square Dance Lessons</p> | <p>20 9:30AM Walking Club @ City Park 9:30-11AM Chorus 12:30-1:30pm Advanced Line Dancing 1:45-2:45pm Beginning Line Dancing</p> | <p>21 10am Improver Line Dancing 11am-11:45am Challenge Routines 1pm Texas Holdem</p> | <p>22 9:30AM HIKE meet @ Center parking lot to carpool 9-10am Intermediate Line Dancing 10:30AM Full body Exercise w/Odesa 12:30pm Dominoes</p> | <p>23 AARP Driver's Safety Course 9:30AM- 2:30PM *Please sign up 7 pm Square Dance</p> | 24 | |
| 25 | <p>26 CLOSED Memorial Day</p> | <p>27 9:30AM Walking Club @ City Park 9:30-11AM Chorus 12:30-1:30pm Advanced Line Dancing 1:45-2:45pm Beginning Line Dancing</p> | <p>28 10am Improver Line Dancing 11am-11:45am Challenge Routines 1pm Texas Holdem</p> | <p>29 9-10am Intermediate Line Dancing 10:30AM Full body Exercise w/Odesa 12:30pm Dominoes</p> | <p>30 BINGO with Interim Healthcare 1PM</p> | 31 | |

WALKING CLUB

May Schedule

We are off and walking. Our first walks have been in City Park. There were 5 of us the first week and 7 of us the second week with the original 5 showing up for the second walk. Our last walk in City Park will be Tuesday, April 29th. Remember to take the Winterville detour to the parking lot.

In May we are moving to Jorgenson Park, same day same time – every Tuesday at 9:30 AM. This walk will have a short and longer loop including the nature area which is more like an easy hiking trail. Know that you do NOT have to take the nature trail. You can increase your walking distance all on sidewalk surface.

Some are wanting to “HIKE” so we have one HIKE scheduled – Thursday, May 22nd. Meet at the

Senior Center at 9:30 to share a ride to Mt Roosevelt and the Friendship Tower. The 2 mile loop includes some elevation and rolling rock. Resting areas include large rocks along the way up and picnic tables at the top, benches at the overlook. Vault toilet available in the parking area. Bring hiking sticks if you have them. Anyone who has been walking with us can sign up for this hike at any of the Tuesday walks between now and Tuesday May 20.

Further updates per email - be sure you are registered with your email for the Walking Club. Sign up sheet is at the front desk.



Happy Birthday to ALL our APRIL members!



We are so fortunate to have these four sisters at our Senior Center! Alyce, Jane, Carolyn, & Karen keep things entertaining and FUN. Had to get this pic while they were helping at our Spring Rummage Sale in their matching shirts.

Black Hills Better Breathers

These meetings take place the first Friday of the month from 1:30-2:30pm in the Queen Hall.

This group is a community for individuals with lung conditions and their caregivers in the Black Hills, providing education, support, and opportunities to connect. We offer guest speakers, problem-solving sessions, and resources for maintaining a happy and healthy life while managing conditions like COPD, asthma, pulmonary hypertension, and pulmonary fibrosis, all in collaboration with the American Lung Association. www.phassociation.org. Contact Madison 605-644-6370 for more information on this group.



Duplicate Bridge had a little party for one of our members, Jim Hoff who is moving to another town. We wanted him to know we will miss him, & he promised he would still visit us to play Bridge!

THANK YOU TO EVERYONE WHO RENEWED THEIR MEMBERSHIP FOR 2025!

As many of you know, our Senior Center is non-profit 501(c)3 organization. We strive to keep the cost of our membership at a minimum. The money from annual memberships supports our many projects & programs which do not create revenue on their own. Your support of our Senior Center means so much to us all! Thank you to everyone who continues to be a member!

Membership dues are \$35 for 2025. Annual Membership is from Jan-Dec 2025.



Pioneer Bank & Trust
Local.

If you would like to use the Prairie Hills Transit bus to attend one of our events, please let Stephanie know. We have vouchers you can use to pay for your bus fee to get to and from the Senior Center. We thank Pioneer Bank & Trust for making this free transportation opportunity available to our members!

SPEARFISH SENIOR CENTER MISSION STATEMENT:

The Spearfish Senior Center is a non-profit organization committed to providing recreational, social, and educational opportunities for adults over fifty years of age.

Looking for a place to hold your meeting or event? Our building can be rented for a reasonable fee. Contact the office to reserve a date!

The Healing Power of Flowers: A Nature Therapy Experience with Madison Ferguson



May 16th 9:00-10:00 AM

If you love flowers and find peace in their presence, this special gathering is for you!

**If you are interested in attending this event please sign up.*

Flowers have a natural ability to soothe our hearts, calm our minds, and restore our energy. In this gentle nature therapy session, we'll explore how flowers can support emotional grounding and inner balance through simple yet powerful practices.

Experience the calming presence of fresh flowers and their ability to bring peace and clarity

Practice emotional grounding techniques using flowers as a tool for relaxation and reflection

Listen to the music of flowers through the Plantwave music device, feeling their vibrational essence in a whole new way
Enjoy a guided meditation to deepen your connection with nature's gentle wisdom

Take time for journaling and personal reflection, followed by optional sharing in a warm, supportive community
Whether you grow flowers, arrange them, or simply cherish their beauty, this gathering will offer you a peaceful space to slow down, reconnect, and nurture your spirit. Come sip tea, breathe in the floral aromas, and immerse yourself in the healing magic of flowers. I look forward to sharing this bloom-filled morning with you!



Welcome New Members:

**Debby Vetter, Jo Powell, Janet Loomis,
Shirley McCary, & Mary Wallin.**

Board of Directors

Ginger Childers, President
Taffy Tucker, Vice President
Jane Rutherford, Secretary

Board Members

Doug Schmit Carol Hess
Dennis Dahl Marla Loken
Carol Vercoe LeRoy Lanphear

Alyce Harich, Treasurer
Stephanie Crago, Executive Director



AARP Drivers Safety Course
MAY 23rd 9:30AM-2:30PM

Refresh your driving skills & you could save on auto insurance when you take the AARP Smart Driver Course. (Check with your auto insurance to see if discount applies.) The course teaches proven driving techniques to help keep you & your loved ones safe on the road.

Certificate given upon completion of course. Bring a drink and snack as we will not break for lunch.

\$20 for AARP members

\$25 for non AARP members

(cash or check only)

Please bring drivers license and AARP card. Call to sign up for this course 605-642-2827.



Keep using your Safeway cards! Last month we made \$370 just from people using their cards!! THANK

Safeway Community Giving Cards are FREE! Cards can be loaded with any amount up to \$500 & refill when needed. The card can be used to buy groceries AND gas. 5% of purchases made at ANY Safeway or Albertsons using the Community Giving Card is then returned to the Senior Center. This is a great fundraiser for our Center. The cards make great gifts!

President's Message:

MAY 2025

CREATION STORY

On the first day, God created the cow. God said, "You must go to the field with the farmer all day long, suffer under the sun, have calves and give milk to support the farmer I will give you a life span of sixty years."

The cow said, "That's a kind of a tough life you want me to live for sixty years. Let me have twenty years and I'll give back the other forty."

And God agreed.

On the second day, God created the dog. God said, "Sit all day by the door of your house and bark at anyone who comes in or walks past. I will give you a life span of twenty years."

The dog said, "That's too long to be barking. Give me ten years and I'll give back the other ten."

So, God agreed.

On the third day, God created the monkey. God said, "Entertain people, do monkey tricks, make them laugh. I'll give you a twenty-year life span."

The monkey said "Monkey tricks for twenty years? I don't think so. Dog gave you back ten, so that's what I'll do too, okay?"

And God agreed again.

On the fourth day, God created man. God said, "Eat, sleep, play, enjoy. Do nothing, just enjoy. I'll give you twenty years."

The man said, "What? Only twenty years? No way man. Tell you what, I'll take my twenty, and the forty the cow gave back, and the ten the dog gave back and the ten the monkey gave back. That makes eighty, okay?"

"Okay," said God. "You've got a deal."

SO: That is why for the first twenty years we eat, sleep, play, enjoy, and do nothing; for the next forty years we slave in the sun to support our family; for the next ten years we do monkey tricks to entertain our grandchildren; and for the last ten years we sit in front of the house and bark at everybody.

Ginger Childers

Scoreboard MARCH 2025

| | | |
|-----------------|-----------------------------------|--------|
| Whist | Marla Loken | 55 |
| Hand & Foot | Vina Dodson | 15,835 |
| 10 Point Pitch | Becky Loll | 183 |
| Bridge | Mary Ann Kortmeyer | 4,520 |
| BUNCO | Barb Sulzbach | 572 |
| Wed Pinochle | Ping Ho | 8,720 |
| Wed Mahjong | Sheila Kenny | 970 |
| Wed Mahjong PM | Shelly Lechner | 460 |
| Texas Holdem | Sandra Lichtig | 225 |
| Dominoes | Geney Holley | 206 |
| Cribbage | Leo Nelson | 51 |
| Thur Dup Bridge | Donna McLaughlin & Sharon Thorman | 72.00 |
| Fri Pinochle | Wendy Mayer | 6600 |
| Fri Mahjong | Geney Holley | 310 |
| Sat Dup Bridge | Bill & Dianne Craig | 77.88 |





Member Spotlight

LeRoy M. Lanphear

Family: Wife: Janet-Will be married 58 years in August; Identical twin daughters Krista & Keleigh, 51 years old; sons Kory, 46 & son Ryan in heaven, 48-all God's special gifts.

Where did you grow up? First & foremost, I want to thank God for giving me a wonderful life. Secondly, I never did grow up! I was born in Denver, CO and lived in several locations in CO. Also lived in Vale, SD & was raised in Pluma, SD. Go Panthers! Janet & I graduated from Deadwood High School together and have always been Deadwood Bears!

Past Highlights: I started in the logging industry at about 13 years old & have owned and operated my own logging operations through the years. As a teenager I washed dishes & was a salesman & truck driver for Otis Candy sales in Deadwood for my future father-in-law Robert Luckie. I was a snow removal contractor for Homestake Mining Company, while still logging, & was a real estate owner broker, owning my own business Dakota Gold Realty, in Lead. I also owned & operated Goldberg's Casino in Deadwood for 7 years. I retired permanently from logging at age 76. I miss logging every day and that is where my heart is.

Hobbies & Interests: I have spent many summers water skiing, & snow skied in my younger days as well as hunting every chance I got. All those things are fondly remembered but are in the past. At the present time, I am very much enjoying playing cards & games at the Senior Center in the company of very nice people. I also enjoy reading, especially western novels, mysteries and legal thrillers, and riding bike without training wheels!

Something we many not know about you: During a four plus year job in the Stillwater Mine in Nye, MT, I was a member of the Search & Rescue team which competed in Mine Rescue competitions in Louisiana, Kansas, Idaho, South Dakota, and Montana. I was what was known as a benchman, whose responsibility was to maintain the underground safety gear used by the Mine Rescue team should they be deployed to a rescue. As a benchman in the competitions, I was successful enough to win several first and second place trophies as well as first place at Homestake Mining Company's Mine Rescue competition in Lead. I also won a first and a second-place trophy at two different National Mine Rescue competitions I attended in Las Vegas. I have been helicopter skiing four times in the Bugaboos in Canada & never injured myself but was almost in an avalanche & almost caused a few myself when I fell in the deep snow!

How long have you been involved with the Senior Center? Approximately 3 years. The Center was a life saver for me when I retired as I love to play cards & really had no hobbies at the time.

Current involvement in the Senior Center: I am on the Board of Directors (thanks, Taffy!) Volunteer (thanks Karen, AKA The Bird!) Medical Equipment, work the monthly breakfast, rally breakfast, (play cribbage at the same time, thanks Alyce!) Lots of card playing, Dominoes, & Bunco.

Favorite Activity at the Center: Playing cards & games & teasing my fellow card players.

What do you love most about the Senior Center? The people, having fun joking around & laughing.... lots of laughing!
God Bless.



Alchemy Crystal Bowl Sound Bath

Monday, May 12th at 2PM

Hosted by: Carol Morgan certified Sound Practitioner. Carol's in-person practice has been experienced in Crete, Norway, England, Italy, Holland, Switzerland, Spain, Costa Rica, Bermuda, Sedona (AZ), Texas, California, South Carolina, North Dakota, and the Black Hills (SD). **Take advantage of this opportunity to experience what a Sound Bath is right here at our Senior Center!**

"My sound baths are a meditative experience where I use alchemy crystal bowls in conjunction with chant to bathe you in specific frequencies. My intention comes together with yours to create mental refreshment and the necessary space to heal and replenish."

Find more info at: <http://www.xinaallen.com/>

Spearfish Senior Service Center
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Check out our Facebook page & give us a 'Like'. Search for us under 'Spearfish Senior Center'. Lots of pictures & updates posted!

www.spearfishseniorcenter.com

Spearfish Senior Center Newsletter

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